



CME FOUNDATION OF INDIA



GASTRO MEET

Gastro Meet

"**Gastro Meet**" was held on 21st to 23rd June, 2024 at Park Inn Radisson, Ayodhya. It was organized by the CME Foundation of India (CMEFI).

The sole objective of the was to bring leading KOLs amongst General Physician and Gastroenterologists on one platform and discuss their clinical experiences and expertise in the screening, treatment of Gastrointestinal conditions.

The Introductory speech was given by CMEFI.

CMEFI emphasized the main role played by the CME Foundation of India and we all know how important it is to spread the knowledge known only to a select few to the practising doctors at large.

Date: 21st to 23rd June 2024

Venue: Park Inn Radisson, Ayodhya

Total Participants: 39

Agenda

Date : 22nd June, 2024

Time: 5:00 p.m. to 7:00 p.m

Topic	Speaker	Timing
Lecture: Management of fatty liver Q & A	Speaker: Dr. Parimal Lawate	5:00 p.m. to 6:00 p.m.
Management of Fatty Liver in the Real World Setting	Moderator: Dr. Parimal Lawate	6:00 p.m. to 7:00 p.m.

Summary of CME

- The CME conducted Gastro Meet in Park Inn Radisson, Ayodhya. It was aimed to bring together well-known General Physician and Gastroenterologists on one platform and discuss their clinical experiences and expertise in the screening and treatment of Gastrointestinal conditions.
- **CMEFI** welcomed the forum and shared a few thoughts on the topics that were on the agenda.
- **Management of Fatty Liver - Dr. Parimal Lawate**

Dr. Parimal Lawate's delivered an insightful lecture on the management of fatty liver disease, which includes both non-alcoholic fatty liver disease (NAFLD) and alcoholic fatty liver disease (AFLD). He began by explaining the pathophysiology of fatty liver disease, highlighting how fat accumulation in liver cells leads to inflammation, fibrosis, and potentially cirrhosis. Dr. Lawate discussed various risk factors, such as obesity, diabetes, hyperlipidemia, and excessive alcohol consumption, which contribute to the development and progression of fatty liver disease.

He emphasized the critical role of lifestyle modifications, including a balanced diet and regular physical activity, as the primary approach to treatment. Additionally, he reviewed available pharmacological treatments and emerging therapies that show promise in managing fatty liver disease. By providing this comprehensive overview, Dr. Lawate aimed to equip healthcare professionals with effective strategies for diagnosing, managing, and treating fatty liver disease in their clinical practice.

- **Management of Fatty Liver in the Real World Setting - Moderator: Dr. Parimal Lawate**

Dr. Parimal Lawate moderated a panel discussion focused on the practical aspects of managing fatty liver disease in everyday clinical practice. The panel included various experts and practitioners who shared their real-world experiences and insights. Key topics discussed were the challenges of ensuring patient adherence to lifestyle modifications such as diet and exercise, which are fundamental in managing fatty liver disease. The panel also talked about the use of non-invasive diagnostic tools, like imaging and blood tests, to monitor disease progression and response to treatment. Strategies to improve patient outcomes were emphasized, highlighting the need for a personalized approach.

Furthermore, Dr. Lawate and the panelists stressed the importance of a multidisciplinary approach to management, involving dietitians, exercise specialists, and primary care providers, to provide comprehensive and coordinated care for patients with fatty liver disease. This discussion aimed to provide practical solutions and insights to help healthcare professionals manage fatty liver disease more effectively in their practice.

- Different cases were explained to the audience, and the entire case discussion focused on the complications and management of Gastrointestinal conditions. The audience actively participated, engaging in a dynamic and interactive session. The delegates thoroughly enjoyed the opportunity to contribute to the discussion and share their insights on various aspects of Gastrointestinal complications and their management.
- Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the conclave.
- **In the end of this CME, the CME Foundation of India extended, its sincere vote of thanks to the attending delegates and acknowledged the academic industry partners for their valuable support and contribution to the success of this conclave.**

1. Aristo Pharmaceuticals Pvt. Ltd.

Snapshots of Gastro Meet

Welcome to the Gastro Meet



Registration Counter



Lecture on Management of fatty liver



Management of Fatty Liver in the **Real World** Setting



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