



CME FOUNDATION OF INDIA



GI Convention - Expert Review

G. I. Convention - Expert Review

"**G. I. Convention – Experts review**" was held on 22nd & 23rd June, 2024 at Lotus Eco Park, Konark. It was organized by the CME Foundation of India (CMEFI).

The sole objective of the was to bring leading KOLs amongst General Physician and Gastroenterologists on one platform and discuss their clinical experiences and expertise in the screening, treatment of Gastrointestinal conditions.

The Introductory speech was given by CMEFI.

CMEFI emphasized the main role played by the CME Foundation of India and we all know how important it is to spread the knowledge known only to a select few to the practising doctors at large.

Date: 22nd & 23rd June, 2024

Venue: Lotus Eco Park, Konark

Total Participants: 35

Agenda

Date : 22nd June, 2024

Time: 5:00 p.m. to 7:00 p.m.

Topic	Speaker	Timing
Lecture: Managing Alcoholic Liver Disease Q & A	Speaker: Dr. Dibyalochan Praharaj	5:00 p.m. to 6:00 p.m.
Real-world challenges in the management of ALD in Indians.	Moderator: Dr. Krutibas Parida	6:00 p.m. to 7:00 p.m.

Summary of CME

- The CME conducted G. I. Convention – Experts review in Lotus Eco Park, Konark. It was aimed to bring together well-known General Physician and Gastroenterologists on one platform and discuss their clinical experiences and expertise in the screening and treatment of Gastrointestinal conditions.
- **CMEFI** welcomed the forum and shared a few thoughts on the topics that were on the agenda.
- **Managing Alcoholic Liver Disease - Dr. Dibyalochan Praharaj**

Dr. Dibyalochan Praharaj provided a comprehensive lecture on managing alcoholic liver disease (ALD), detailing its pathophysiology and clinical implications. He explained how chronic alcohol consumption leads to liver damage, progressing from fatty liver and alcoholic hepatitis to more severe stages like cirrhosis and liver failure. Dr. Praharaj emphasized the critical role of early diagnosis in halting disease progression and improving outcomes. He highlighted alcohol cessation as the cornerstone of treatment, emphasizing its potential to reverse liver damage and prevent complications. Dr. Praharaj reviewed various pharmacological options available for managing ALD, including medications to reduce inflammation, support liver function, and alleviate symptoms. He also discussed the importance of supportive therapies such as nutritional support and management of complications like ascites and hepatic encephalopathy.

Furthermore, Dr. Praharaj explored the challenges associated with managing ALD, including patient adherence to treatment and the need for a multidisciplinary approach involving hepatologists, addiction specialists, and dietitians. He provided insights into emerging therapies and ongoing research aimed at improving treatment outcomes and addressing the complex nature of ALD.

Overall, Dr. Praharaj's lecture offered a comprehensive understanding of current management strategies for ALD, emphasizing the importance of early intervention, personalized care, and ongoing research to enhance patient outcomes in this challenging condition.

- **Real-world challenges in the management of ALD in Indians - Dr. Krutibas Parida**

Dr. Krutibas Parida moderated a discussion focusing on the unique challenges faced in managing alcoholic liver disease (ALD) among Indians. The panel highlighted several key issues, including cultural attitudes towards alcohol consumption, which can pose barriers to effective treatment. Limited awareness and societal stigma often deter individuals from seeking timely medical help or adhering to treatment plans that include alcohol cessation.

Healthcare infrastructure limitations also emerged as a significant challenge, with inadequate resources for early diagnosis, specialized care, and continuous monitoring of ALD patients. Furthermore, the panel discussed the complexities of integrating comprehensive care models that involve hepatologists, addiction specialists, and mental health professionals, essential for addressing the multifaceted needs of ALD patients.

The discussion underscored the importance of community education initiatives to promote awareness about ALD, combat stigma, and encourage early intervention. The need for policy initiatives to enhance healthcare infrastructure and access to specialized ALD care was emphasized to improve treatment outcomes in India.

- Different cases were explained to the audience, and the entire case discussion focused on the complications and management of Gastrointestinal conditions. The audience actively participated, engaging in a dynamic and interactive session. The delegates thoroughly enjoyed the opportunity to contribute to the discussion and share their insights on various aspects of Gastrointestinal complications and their management.
- Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the conclave.
- **In the end of this CME, the CME Foundation of India extended, its sincere vote of thanks to the attending delegates and acknowledged the academic industry partners for their valuable support and contribution to the success of this conclave.**

1. Aristo Pharmaceuticals Pvt. Ltd.

Snapshots of G. I. Convention – Experts review

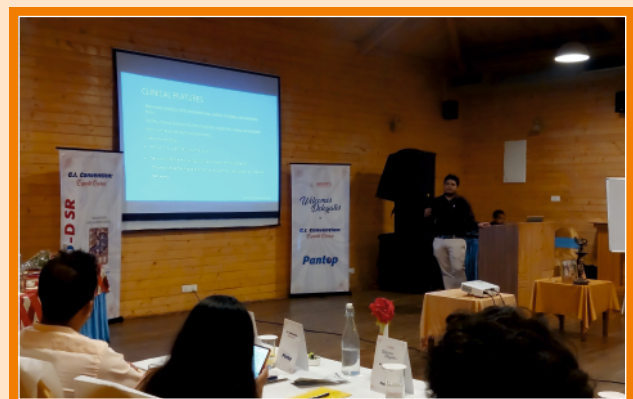
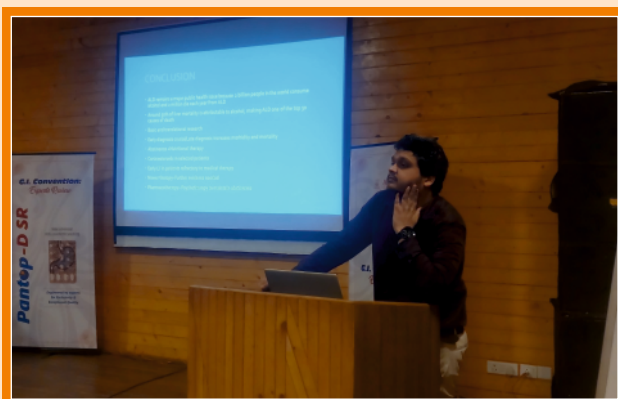
Welcome to the G. I. Convention – Experts review



Registration Counter

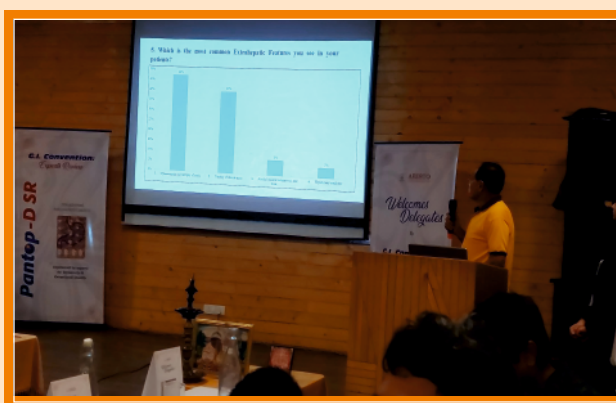


Lecture on Managing Alcoholic Liver Disease





Real-world challenges in the management of ALD in Indians



Question and Answer Session





Delight Attendees Through an Exceptional Conclave Experience



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